

VOLUME 3

# LOW WASTE EID

*A thoughtful gift guide*









# SALAM FRIENDS,

It brings me great pleasure to share our latest compilation of Low Waste Eid. I started this initiative three years ago as a way to showcase and encourage a slower, more conscientious approach to celebrating Eid; an approach that is part of the ethos of our faith. Each year I am awed by the creativity and thoughtfulness of the contributors and this year is no exception. As you will come to see, it is perfectly possible to decorate and gift in a socially responsible way. All you need is a bit of imagination and resourcefulness.

*Jammy*

@THECOZYHOMECHRONICLES

# TAHINI CHOCOLATE CHIP OATMEAL COOKIES



## INGREDIENTS

- 1/2 cup tahini
- 1 cup rolled oats
- 1/2 cup maple syrup
- 3 tbsp whole-wheat flour
- 1 tsp cinnamon
- 1 tsp vanilla
- 1 tsp salt
- 1 cup milk chocolate chips

## DIRECTIONS

1. Pre-heat your oven to 350F and line a baking sheet with parchment paper.
2. In a bowl, add tahini, maple syrup and vanilla. Mix to combine.
3. Add in the flour, salt and cinnamon. Mix well.
4. Stir in the oats and chocolate chips, making sure everything is well combined.
5. Use a cookie scoop to scoop out the mixture, placing it on your lined baking sheet 2 inches apart.
6. Bake for 10-12 minutes until golden brown.
7. Let cool on tray for 10 minutes. Cookies will be extremely soft.
8. Once cool, remove and transfer to a cooling rack before packaging.

SADIA | @ASPOONFULLOFSPICE

These chewy vegan cookies can be whipped up within minutes and packaged in a homemade paper plate gift box adorned with ribbon and a gift tag.





# DIY SCRAPWOOD GEOBOARD



## MATERIALS

1/2 inch thick scrap wood or plywood  
Nails  
Optional: Wood stain or paint

## TOOLS

Ruler  
Hammer  
Sandpaper

## DIRECTIONS

1. Cut your scrap wood into a square of any size. I cut mine to be 7in x 7inch.
2. Go over the wood with sandpaper to smooth out any rough edges or spots.
3. Using a ruler and pencil, gently mark out a grid on the wood. I made lines at one inch intervals.
4. Hammer your nails into the board at each point of intersection, leaving a border along the edge of the square.
5. You can erase or sand off any remaining pencil marks and then stain or paint the wood.
6. Collect rubber bands from around the house and arrange them in shapes on the board.



SAMMY | @THECOZYHOMECHRONICLES

Geoboards are both fun and educational tools for young kids to play with and they are also super easy to make with materials you probably have in your garage or shed.



# DIY SEED PAPER



## MATERIALS

Scrap Paper  
Water  
Seeds  
Parchment paper

## TOOLS

Bowl  
Sieve

## DIRECTIONS

1. Shred and soak your scrap paper in a water-filled bowl.
2. Blend the paper or let it sit overnight to create pulp.
3. Strain the pulp.
4. Spread it out on parchment paper, sprinkle seeds, and press flat.
5. Let it air dry for 2-3 days.
6. Peel the seed paper off your parchment paper and share with friends!



NIDA | @NIMISTYLE

"There is none amongst the Muslims who plants a tree or sows seeds, and then a bird, or a person or an animal eats from it, but is regarded as a charitable gift for him." -Bukhari



# DIY TERRAZZO PLANTER



## MATERIALS

Vase or planter  
White acrylic paint  
Acrylic paint for terrazzo  
chips (2-3 colors,  
green/brown/grey)  
White glue  
Water  
Foam brush  
Baking tray  
Parchment paper

## DIRECTIONS

1. Paint your vase or planter with a foam brush. Paint 2-3 coats of base paint, allowing each coat to dry in between.
2. On a parchment-lined baking tray, pour acrylic paint all over the parchment paper until a thick layer forms and you cannot see the parchment paper underneath.
3. Repeat step 2 for as many different colored paint chips as you want.
4. Allow the paint in the baking trays to dry for at least 48 hours. The thicker the paint, the longer the drying time.
5. Once dry, gently peel the layer of paint from the parchment paper and tear off small pieces - these will be your faux terrazzo chips.
6. Place a few chips in a random order on the vase and dab on watered down white glue with a foam brush to seal them in place.
7. Repeat until the entire vase is covered with terrazzo chips. Set aside to dry.



MOMINA | @MOMINA.ZEE

Upcycle a vase into a beautiful terrazzo planter by creating your own acrylic paint terrazzo chips. Best results are achieved when the base color is white. Add in a live plant or herb seeds and you have a the perfect thoughtful gift.

# DATE CARAMEL SAUCE



## INGREDIENTS

1 cup pitted Medjool dates or dates of choice  
1/2 cup cane sugar  
2 cups water  
1/4 tsp ginger powder or chai masala  
1/4 tsp cinnamon powder  
1/4 tsp cardamom powder  
1/2 tsp vanilla bean paste  
1 tsp ghee

## DIRECTIONS

1. Cover dates overnight or 4-6 hours in a saucepan with water.
2. Add cane sugar and boil for 15 minutes.
3. Carefully remove the dates but make sure to leave the date water on the side.
4. Blend the dates until smooth.
5. Add the blended date sauce back in the water over the stove. Add the spices, ghee and vanilla. Let it all simmer and cook for 10 mins or until it thickens.
6. Remove from stove and carefully sieve it while still hot.
7. Let it cool, and store in a dark cool place or in the refrigerator in an airtight container.
8. For Eid, I pour the sauce into recycled pasta sauce jars, paint the bottoms, add some flowers, tag it and it's ready to gift!



FARHANA | @FOODLICIOUS

This healthy caramel date sauce is a must for Eid breakfast to dip, drizzle, and spread! It's silky, smooth, and naturally sweetened. It makes a perfect gift in a recycled jar, with a ribbon and tag.



# PLAYDOUGH SENSORY JARS



## MATERIALS

1 cup all purpose flour  
1 cup water  
2 teaspoons cream of tartar  
1/3 cup salt  
1 tablespoon oil  
Few drops of food coloring

## TOOLS

Old jar  
Paint  
Scraps of fabric and yarn  
Cookie cutters, wooden  
rolling pin or any other little  
trinkets

## DIRECTIONS

1. Mix together all the ingredients listed and cook over low/medium heat.
2. Keep stirring and cook until the dough starts to thicken and is no longer gooey.
3. Remove dough and let it cool completely. You can repeat these steps to make different colors.
4. Paint the lid of your jar if you want.
5. Add layers of playdough in the jar and top with cookie cutters and trinkets to use with the dough.
6. Decorate the jar with scraps of fabric and yarn.



HANA | @HANDIYMAN

These jars are easily made using things you probably already have in your home pantry. This is perfect for hands on and imaginative play for the little ones in your life.

# DOWEL ROD FRAME



## MATERIALS

2 dowel rods

Twine or jute rope

Artwork

Optional: Paint or washi tape

## TOOLS

Hot glue gun

## DIRECTIONS

1. Cut your dowels to be slightly longer than your artwork. For example, on a standard 8x10 print cut your dowel rods down to 12".
2. Optional: paint your dowel rods or cover them in washi tape for an added pop of color.
3. Lay your artwork on a flat surface and position one dowel rod on the top edge and one on the bottom edge.
4. Move the dowel rods to the side, place a thin line of hot glue along the edge of your artwork, and reposition the dowel rods back onto the line of hot glue and edge of your artwork.
5. Wrap twine/jute rope around the right and left edges of the top dowel rod, securing with a dot of hot glue. The twine should be on the part of dowel rod that is not touching the artwork.
6. Hang up your beautiful dowel rod frame using a thumbtack or thin nail.



ANAAM | @THEWRITEAESTHETIC

Printable wall art meets simple dowel rod frame for a gift that's sure to brighten any home's walls.



# CLAY TRINKET DISH



## MATERIALS

Air-Dry Clay

Water

Small bowl

Dried flowers/leaves

Optional: Mini gravel bits or poppy seeds

## TOOLS

Rolling pin

Paint brush

Fine sand paper

## DIRECTIONS

1. Work a small amount of air dry clay with your hands and add mini gravel bits or poppy seeds for added texture (optional).
2. On a parchment paper, use the rolling pin to flatten the clay to about half an inch thick.
3. Lay a dried flower/leaf over the clay and use the rolling pin to gently imprint it into the clay.
4. Cut a circle out of the clay with a small bowl (the bowl you use will be the size of the trinket dish).
5. Smooth out the edges with a wet paint brush or your finger.
6. Gently place the clay in the same bowl you used to cut out the shape. Allow it to sink slightly, this will create the shape of a trinket tray.
7. Let dry for 24 hours. Sand the edges lightly with fine sandpaper and it's ready for gifting!



NADA | @ONEFORTYFOUR\_

This hand-made trinket dish can be decorated in many ways, making it the perfect custom Eid gift. It can be used as a jewelry tray or tasbih tray for adults or pair it with a painting kit for the perfect gift for art-loving kids.

# PRESSED FLOWER ISLAMIC ART



## MATERIALS

Pressed flowers  
Thick Art Board or  
Watercolor Paper  
Mod Podge  
Stencil cutout of your design  
Pencil  
Frame

## TOOLS

Tweezers  
Scissors  
Paint brushes (slim)

## DIRECTIONS

1. Search online for a design that you want to use as a template. Print the design to scale on card-stock. For this project, I used the sandal of the Prophet (SAW), scaled it to print on 8.5 X 11 paper and printed it.
2. Cut out the design and trace it over your Art Board/Watercolor paper.
3. Using your design template, map out a desired layout of pressed flowers. Use tweezers to work with the delicate flowers and use scissors to cut off excess stems.
4. Once the design is complete, begin transferring flowers to your board or paper by delicately applying a thin layer of Mod Podge on each flower and placing it in the same pattern as your template design. Let dry for an hour or more.
5. To seal, delicately apply a thin layer of Mod Podge on top of the Pressed Flowers. Note, this will appear milky but will dry clear!
6. Let your art dry over night
7. Once dry, go-ahead frame, wrap, and gift!



AYESHA | @PLAYSONPATTERNS

DIY pressed flower Islamic art is a beautiful, low-waste, & budget friendly gift you can give to anyone! I'm sharing an easy hack if like me, drawing is not your strong suit! Simply cut out an Islamic design and use that as your template.



# HOMEMADE HERBED SALT



## INGREDIENTS

¼ cup of coarse sea salt  
¼ cup packed chopped basil  
or herb of choice

## DIRECTIONS

1. Preheat the oven to 175-180. Use parchment paper to line a baking pan and set aside.
2. Mix the salt and basil into a grinder, processor, or blender, and grind until evenly and finely ground.
3. Spread the mix onto a baking sheet for 15-20 mins. Stir occasionally to prevent clumping.
4. Turn the oven off, but leave the mixture to dry for another 15 mins.
5. Once cooled, jar your salt and keep at room temperature for up to 6 months.



MALIKA | @\_MALIKA\_YASMIN\_

I love enhancing the flavor of salt with fresh herbs. This recipe uses basil but feel free to experiment with any herbs you may be growing in your garden. Herbed salt makes a wonderful gift for the enthusiastic home cook in your life.

# UPCYCLED WIRE EID DECOR



## MATERIALS

Old hanger or aluminum wire

Battery operated string lights

Needle Nose Pliers

Optional: Glass Cloche

## TOOLS

Needle Nose Pliers

## DIRECTIONS

1. Arrange your hobby wire or old hanger into a straight line
2. Cover the wire in string lights by wrapping it around the length of it
3. Bend the wire around  $\frac{3}{4}$  of the opening of a large bowl
4. Using pliers, bend the end of the wire to form one tip of a crescent moon
5. Wrap the remainder of the wire around a smaller bowl to create the inside of a crescent moon
6. Cut off the excess wire or fashion the end into a stick for standing
7. Optional: Place the moon in a glass cloche dome and secure the bottom with hot glue



AMANIE | @THEPLAYFULFAWN

Transform that odd wire hanger in your closet into a beautiful Eid decor display with just a bit of elbow grease and some fairy lights.



# DIY KEY HOOK ORGANIZER



## MATERIALS

2 pieces of scrap wood of the same length (1 piece 2-3 inches wide and the other piece at least 5 inches wide)  
Wood glue  
Key hooks and the corresponding size drill bit

## TOOLS

Clamps  
Drill  
Key hooks and the corresponding size drill bit

## DIRECTIONS

1. Sand both pieces of wood using 100 grit sandpaper (optional: sand again at 150 grit and then again at 220 grit)
2. Use the drill bit and drill to add holes to the bottom of the narrow piece of scrap wood.
3. Add some wood glue and glue the edge of the narrow piece of wood to the face of the wider piece of wood with the holes facing down
4. Use the clamps to secure it in place
5. Once the glue has dried, add the key hooks to the holes
6. (Optional) Add a finish to your piece. An oil or wax is usually sufficient.
7. Use double sided drywall safe command tape to the back to secure it to the wall



HADEEL | @FOURRIVERSSTUDIO

This is a great beginner friendly project and there's so many variations you can make to tailor it to your own needs and aesthetic. To give it a more refined look, consider using hardwoods with beautiful grains or exotic woods.

# EID MUBARAK

If you found this guide inspiring and helpful, it would mean the world to us if you shared it with your friends and family.

